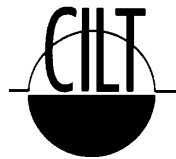


## PROJECT INFORMATION CENTRE (PIC)

**APPLICATION FOR ATTENDANT SERVICES IN TORONTO**  
OUTREACH & SUPPORTIVE HOUSING ATTENDANT SERVICES, TRANSITIONAL PROGRAMS

# PIC DIRECTORY



## AM I ELIGIBLE FOR ATTENDANT SERVICES?

Yes if...

- You have a valid Ontario Health Card (OHIP)
- You are at least 16 years of age
- You have a PERMANENT PHYSICAL DISABILITY and require PHYSICAL ASSISTANCE with activities of daily living such as bathing, dressing, transferring and toileting.
- You must be able to clearly direct your own services.
- You must be able to have your health needs met by the existing community health network on a visitation basis

**IF YOU DO NOT MEET THE ABOVE ELIGIBILITY REQUIREMENTS YOUR APPLICATION FOR ATTENDANT SERVICES WILL NOT BE ACCEPTED AND WILL BE RETURNED.**

Please keep this PIC DIRECTORY as it is a valuable resource to refer to when updating your PIC application.

The PIC Directory includes information about the following types of Attendant Services available in Toronto:

- Attendant Outreach Services (page 5 – 6)
- Supportive Housing Attendant Services (page 7 - 11)
- Shared Living Attendant Services (page 12 – 13)
- Transitional & Life Skills Programs (page 14)
- Specialized Project / Enhanced Support Project (page 15)

Attendant Outreach Services are provided in the consumer's home between the hours of 6 am and midnight on a pre-scheduled basis. Services may also be provided at the workplace, college or university.

Supportive Housing providers typically offer several accessible apartments integrated throughout a larger apartment building and they offer Attendant Services to their tenants on a pre-scheduled and on-call 24-hour basis.

Shared Living offers a communal home setting with attendant services for applicants who have limited capacity to self-direct or who have multiple service needs.

Transitional & Life Skills programs provide the opportunity for learning and practicing the skills necessary to live and participate in the community. Training may include learning how to manage and use Attendant Services, manage personal finances, make use of community resources. Transitional programs are generally time-limited, with the usual length of stay being 1-2 years.

*A note to Social Workers, Occupational Therapists, Discharge Planners or those assisting persons with disabilities to apply through PIC:*

- Attendant Services are designed to meet the needs of adults with physical disabilities. While there are no upper age limits for applicants, the organizations listed in this directory specialize in providing a service and not in providing “care” or “supervision”.
- Please pay particular attention to the eligibility criteria and to the concept of self-direction of services prior to submitting this application.
- Please ensure that the applicant maintains a copy of their application and this directory for future reference.

## THE PROJECT INFORMATION CENTRE (PIC)

PIC is the centralized point of access for individuals with permanent physical disabilities applying for Attendant Services in the city of Toronto. Through PIC, applicants can apply to a variety of projects and programs with a single application. PIC is responsible for receiving and assessing PIC applications for basic eligibility and for forwarding these applications to Attendant Service Providers. PIC does not provide Attendant Services. Please refer to page 16 for contact information of PIC.

## WHAT ARE ATTENDANT SERVICES?

1. Physical Assistance with routine activities of daily living as directed by the consumer
2. The consumer is responsible for the decisions and training involved in his/her own assistance
3. A positive working relationship between the consumer and an attendant

Applicants who are eligible for Attendant Services may be provided with the services listed below, resources permitting. Each Service Provider will discuss these service options in an interview, after which the services offered will be determined,

- Bathing & Washing
- Toileting (emptying leg bag, catheterization, bowel routines)
- Assistance with rising and retiring
- Assistance with breathing (tracheotomy, respirator)
- Essential Communications (Bliss boards, etc)
- Positioning and Transferring
- Meal Preparation and assistance with eating, defined as the activity of preparing meals, not the provision of prepared meals
- Light Housekeeping, including washing dishes, dusting, vacuuming, and laundry. Housekeeping does not include heavy cleaning, exterior home cleaning and lawn maintenance
- Assistance with shopping and banking
- Nurturing Assistance, as directed by the consumer. This is not child care.

## ATTENDANT SERVICES DO NOT INCLUDE:

Professional Services such as nursing care, physiotherapy, occupational therapy, physician services; respite care; short term temporary services; supervision; “care” or taking responsibility for the person with a disability.

## WHAT IS SELF-DIRECTION?

The key component in the provision of attendant services is self-direction of services by the consumer. The primary responsibility for the way services are delivered rests with the consumer; this means the consumer has to know:

1. What task (s)he will need the attendant to perform
2. When these tasks will be performed, and
3. How the consumer wishes these tasks to be performed

## WHO IS ELIGIBLE FOR ATTENDANT SERVICES?

To be eligible for attendant services, applicants MUST:

1. Be an insured person under the Health Insurance Act
2. Be 16 years of age or older
3. Have a **PERMANENT, PHYSICAL** disability and require physical assistance with activities of daily living
4. Be able to clearly direct their own personal support services
5. Be able to have any medical/professional needs met by the existing community health network on a visitation basis
6. Be able to have their attendant services provided in their home
7. Identify all insurance and financial settlements

## WHAT IS THE WAITING TIME TO RECEIVE ATTENDANT SERVICES?

- Decisions about vacancies are based on available funding and other factors.
- Applicants are advised that all the Supportive Housing Providers in Toronto have a large pool of applicants and few vacancies occur over the course of a year. Applicants are encouraged to apply to a number of projects in order to increase their chances of securing Supportive Housing.
- Attendant Outreach Service providers typically have higher service vacancies

## **ATTENDANT OUTREACH SERVICES**

- Attendant Outreach Services are provided in the consumer's home between the hours of 6 am and midnight on a pre-scheduled basis.
- Outreach cannot provide service on an on-call basis
- The monthly maximum number of Attendant Outreach Service hours available is 90. (Approximately 3 hours daily)

**IMPORTANT:** Each Attendant Outreach Service Provider has a primary service area. Please ensure that you reside in the service area listed. Alternatively, you may check "I will accept services from any of the following outreach service providers".

### **ACCESS INDEPENDENT LIVING SERVICES**

50 Ashwarren Road,  
Toronto, ON M3J 1Z5

Tel: 416-780-1650  
Fax: 416-780-0961  
Email: [info@accessils.ca](mailto:info@accessils.ca)  
[www.accessils.ca](http://www.accessils.ca)

- Offers services from West to East Toronto, NORTH of Eglinton Avenue.

### **BELLWOODS CENTRES FOR COMMUNITY LIVING – OUTREACH**

789 Don Mills Road, Suite 701  
Toronto, ON M3C 1T5

Tel: 416-696-9663  
Fax: 416-696-9481  
[www.bellwoodscentres.org](http://www.bellwoodscentres.org)

- Offers services throughout the entire city of Toronto

**ATTENDANT OUTREACH SERVICE CONTINUED:**

**CANADIAN PARAPLEGIC ASSOCIATION OUTREACH**

1120 Finch Avenue West, Suite 306  
Toronto, ON M3J 3H7

Tel: 416-241-1433  
Fax: 416-241-2466  
[www.cpaont.org](http://www.cpaont.org)

- Offers services throughout the entire city of Toronto.

**PACE INDEPENDENT LIVING**

970 Lawrence Avenue West, Suite 210  
Toronto, ON M6A 3B6

Tel: 416-789-7806  
Fax: 416-789-7807  
Email: [pace@pace-il.ca](mailto:pace@pace-il.ca)  
[www.pace-il.ca](http://www.pace-il.ca)

- Offers services east of Weston Road, from south to north Toronto.

**RED CROSS - COMMUNITY HEALTH SERVICES**

21 Randolph Avenue  
Toronto, ON M6P 4G4

Tel: 416-236-3894  
Fax: 416-236-1356

- East York, North York, York, Scarborough, Etobicoke

**THREE TRILLIUMS COMMUNITY PLACE**

25 Elm Street, Suite 404  
Toronto, ON M5G 2G5

Tel: 416-598-1564  
Fax: 416-598-4033  
Email: [info@threetrilliums.org](mailto:info@threetrilliums.org)  
[www.threetrilliums.org](http://www.threetrilliums.org)

- Offers services in Downtown Toronto between Yonge Street and Roncesvalles Avenue and St. Clair Avenue and the Lakefront.

## **SUPPORTIVE HOUSING ATTENDANT SERVICE**

- Supportive Housing providers typically offer several accessible apartments integrated throughout a larger apartment building.
- Most Supportive Housing providers offer Attendant Services to their tenants on a pre-scheduled and on-call 24-hour basis.

### **ACCESS INDEPENDENT LIVING SERVICES**

50 Ashwarren Road,  
Toronto, ON M3J 1Z5

Tel: 416-780-1650  
Fax: 416-780-0961  
Email: [info@accessils.ca](mailto:info@accessils.ca)  
[www.accessils.ca](http://www.accessils.ca)

Significant consumer representation on the Board of Directors. Rent Subsidies are available for each location.

#### **1. York Square / Plaut Manor**

2468 & 2480 Eglinton Avenue West (Eglinton Avenue & Caledonia)

- 1 one bedroom, 12 two bedroom and 1 three bedroom apartments in a Toronto Community Housing Corporation building and in a private not-for-profit building operated by Kehilla Residential Programme

#### **2. Aldebrain Tower**

2155 Lawrence Avenue East (Lawrence Ave & Birchmount Road)

- 11 two bedroom and 2 three bedroom apartments in a private not-for-profit building operated by Aldebrain Attendant Care Inc.

#### **3. St. Mark's**

7 The Donway East (Don Mills & Lawrence Avenue East)

- 7 one bedroom, 4 two bedroom, 1 three bedroom, 1 four bedroom (shared-high service)
- Building is mixed family, seniors and disabled

## **BELLWOODS CENTRES FOR COMMUNITY LIVING**

789 Don Mills Road, Suite 701  
Toronto, ON M3C 1T5

Tel: 416-696-9663  
Fax: 416-696-9481  
[www.bellwoodscentres.org](http://www.bellwoodscentres.org)

Bellwoods Centres offers non-medical support services, accommodation, and independence training and program coordination for persons 16 years of age or older including seniors with physical disabilities who live in Toronto and require assistance with some or all activities of daily living. Affordable accessible housing accommodations are available.

1. **Bellwoods Park House**  
300 Shaw Street (Dundas & Ossington)
  - Permanent and Community Connect Program spaces
  - 9 bachelor and 23 one bedroom apartments
  - Bellwoods Centres is the landlord
  - Rent-Geared-to-Income units available
2. **Bellwoods Dundas**  
1082 Dundas Street West (Dundas & Ossington)
  - 31 one bedroom apartments
  - Bellwoods Centres is the landlord
  - Rent-Geared-to-Income units available
3. **Bellwoods Mimico Co-op**  
1 Summerhill Road (Royal York & Lakeshore)
  - 10 one bedroom and 2 two bedroom apartments in a co-op setting
  - Requires membership in Mimico Co-op

## **CLARENDON FOUNDATION (CHESHIRE HOMES) INC.**

LuCliff Place Building  
700 Bay Street, Suite 1901  
PO Box 215, Toronto, Ontario, M5G 1Z6

Tel: 416-865-1582  
Fax: 416-865-0373  
Email: [info@clarendonfoundation.com](mailto:info@clarendonfoundation.com)  
[www.clarendonfoundation.com](http://www.clarendonfoundation.com)

24 hour attendant services for adults with physical disabilities. Consumers must be able to communicate their own needs and direct and supervise their own care. Some assistance is provided to persons living in the neighbourhood. Priority is given to applicants who are employed, students or involved in community activities. Affiliated with the Cheshire Homes Foundation and the Integrated Living Association of Ontario (ILAO). Rent Subsidies are available. Apartments are located in Toronto Community Housing Corporation buildings.

1. **Broadway**  
8, 10, 12 Broadway Avenue (Yonge & Eglinton)
  - Maximum of 18 one bedroom and 2 two bedroom apartments
2. **Henry Lane Terrace & The Esplanade**  
25, 49 Henry Lane Terrace & 140 The Esplanade
  - Maximum of 18 one bedroom apartments

## **NUCLEUS INDEPENDENT LIVING.**

2030 Bristol Circle, Suite 110  
Oakville, Ontario L6H 0H2

Tel: 905-829-4499  
Fax: 905-829-0555  
Email: [info@nucleusonline.ca](mailto:info@nucleusonline.ca)  
[www.nucleusonline.ca](http://www.nucleusonline.ca)

Provides 24-hour attendant services for physically disabled adults, capable of directing and supervising their own care.

1. **Trimbee Court (Nucleus 1)**  
30 Denarda Street (Weston Road & Eglinton)
  - 14 one bedroom apartments
  - Rent subsidies available
  - Toronto Community Housing Corporation
2. **Humberview Co-operative (Nucleus 2)**  
2100 Weston Road (Weston Road & Lawrence)
  - 5 one bedroom, 8 two bedroom & 1 three bedroom apartments in a housing co-op
  - Not all units offer rent subsidies

## **MARCH OF DIMES CANADA**

602-90 Waller Street,  
Whitby, Ontario L1R 2B7

Tel: 905-579-4111 ext. 222  
Fax: 905-579-8289  
Toll-Free: 1-866-399-3463  
[www.marchofdimes.ca](http://www.marchofdimes.ca)

1. **Stephanie McCaul**  
22 McCaul Street (Queen Street & University Avenue)
  - 15 one bedroom apartments located in a City Home building
  - Rent subsidies available
2. **Bloor**  
341 Bloor Street West (Bloor Street & Harbord)
  - 13 one bedroom apartments
  - Rent subsidies available
3. **York University**  
4700 Keele Street (Keele & Finch)
  - Providing service on campus and in residence *only open to students, staff and faculty* with a physical disability
  - Various sizes of apartments available

## **PACE INDEPENDENT LIVING**

970 Lawrence Avenue West, Suite 210  
Toronto, ON M6A 3B6

Tel: 416-789-7806  
Fax: 416-789-7807  
Email: [pace@pace-il.ca](mailto:pace@pace-il.ca)  
[www.pace-il.ca](http://www.pace-il.ca)

PACE provides 24-hour attendant services at a number of locations. Consumers must be able to direct their services. PACE conducts a telephone interview with all applicants prior to placing their name on the wait list. During this interview, applicants can indicate their location preference. Rent subsidies are available.

### **1. Bathurst Prince Charles**

3270 Bathurst Street (Bathurst & Lawrence Ave West)

- 12 one bedroom and 1 two bedroom apartment
- Private, non-profit building operated by National Council of Jewish Women

### **2. Caboto Terrace**

3050 Dufferin Street (Dufferin & Lawrence)

- 12 one bedroom apartments
- Private non-profit seniors building operated by Italian-Canadian Benevolent Corp.

### **3. Windward Co-operative**

34 Little Norway Crescent (Bathurst St & Lakeshore)

- 9 one bedroom and 2 two bedroom apartments
- Applicants must be willing to participate in the co-op

### **THREE TRILLIUMS COMMUNITY PLACE**

25 Elm Street, Suite 404  
Toronto, ON M5G 2G5

Tel: 416-598-1564  
Fax: 416-598-4033  
Email: [info@threetrilliums.org](mailto:info@threetrilliums.org)  
[www.threetrilliums.org](http://www.threetrilliums.org)

Three Trilliums Community Place provide 24-hour attendant services to physically disabled adults. Clients must be able to communicate and direct their own services. There is significant client representation on the Board of Directors. Affiliated with Cheshire Homes Foundation.

#### **1. Elm Street**

25 Elm Street (Dundas and Yonge Street)

- 13 one bedroom apartments
- Building operated by Toronto Community Housing Corporation
- Rent subsidies available

#### **2. Walton Place**

835 Birchmount Road (Eglinton Ave East and Birchmount Road)

- 12 one bedroom apartments
- Private non-profit housing building operated by Walton Place
- Rent subsidies available

### **TOBIAS HOUSE ATTENDANT CARE INC.**

695 Coxwell Avenue, Suite 611  
Toronto, ON M4C 5R6

Tel: 416-690-3185  
Fax: 416-690-5487  
Email: [info@tobiashouse.ca](mailto:info@tobiashouse.ca)  
[www.tobiashouse.ca](http://www.tobiashouse.ca)

Consumer driven and controlled organization. All buildings are an integrated mix of families, seniors, working singles and individuals with physical disabilities. Most units have roll in showers. Rent subsidies available for all units. Tobias focuses on high service individuals for 70% of their consumers, including individuals supported by ventilators. Affiliated with Cheshire Homes.

#### **1. 695 Coxwell Avenue (Coxwell & Danforth)**

- 13 one bedroom and 7 two bedroom apartments

#### **2. 84 Carlton Street (Carlton & Church)**

- 3 one bedroom & 18 two bedroom apartments

#### **3. 460 Jarvis Street (Jarvis & Wellesley)**

- 18 one bedroom apartments

## SHARED LIVING ATTENDANT SERVICES

- Shared Living offers a communal home setting with Attendant Services.
- This option may be the preferred choice for consumers with a limited capacity to self-direct or who have multiple service needs.

### **NORTH YORKERS FOR DISABLED PERSONS INC.**

2880 Bayview Avenue (Bayview & Sheppard)  
Toronto, ON M2N 5K3

Tel: 416-222-4448  
Fax: 416-222-5591  
Email: [nydp@rogers.com](mailto:nydp@rogers.com)  
[www.northyorkersfordisabledpersons.ca](http://www.northyorkersfordisabledpersons.ca)

A shared living group home environment with maximum capacity for ten physically disabled adults. Priority is given to those who are speech impaired including non-verbal. Applicants should be potentially able to communicate their own needs and direct their own services. Affiliated with Cheshire Homes Foundation. Landlord is North Yorkers. Rent subsidies are available.

- 8 units with private bedrooms and shared washrooms
- 2 units are self-contained bachelor apartments with access to common living areas

### **MARCH OF DIMES CANADA – MEYNELL HOUSE**

602-90 Waller Street,  
Whitby, Ontario L1R 2B7

Tel: 905-579-4111 ext. 222  
Fax: 905-579-8289  
Toll-Free: 1-866-399-3463  
[www.marchofdimes.ca](http://www.marchofdimes.ca)

30 St. Lawrence Street (Eastern Ave & Don Valley Parkway)

The Meynell House Supportive Housing Program operates as a congregate care program and offers services for two distinct populations:

1. **Young adults with high service needs.** This service group is identified as those with complex care requiring constant support and observation. The residents will be medically stable and will have their personal care needs met by attendant services.
2. **Adults with Multiple Sclerosis** whose disability has progressed to the point where their service needs may be better met within a supervised setting due to issues of individual safety and level of service.

This project offers services for those applicants who require 5.5 hours or more of care per day. This program is intended to provide support for the above individuals who may be unable, on a consistent basis, to direct their own service or make informed decisions and who require a high level of support to live safely within a community setting.

**Shared/Congregate Living Continued:**

**PARTICIPATION HOUSE TORONTO PARENT ASSOCIATION**

1 Burnview Crescent,  
Scarborough, ON M1H 1B4

Tel: 416-439-3226  
Fax: 416-439-8161

Participation House Toronto Parent Association (P.H.T.P.A.) is a non-profit organization operating group homes and condominiums in Scarborough. It provides housing and support services to disabled adults.

**Condo Project**

11753 Sheppard Ave. E (Kingston Road/Sheppard)

- 3 Condos shared accommodation for 6 disabled adults
- 24 hours support services provided
- Rent subsidies are available.

## **TRANSITIONAL AND LIFE SKILLS PROGRAMS**

- Transitional and Life Skills programs provide the opportunity for learning and practicing skills and accessing resources necessary to live and participate in the community.

### **BELLWOODS CENTRES FOR COMMUNITY LIVING**

789 Don Mills Road, Suite 701  
Toronto, ON M3C 1T5

Tel: 416-696-9663  
Fax: 416-696-9481  
[www.bellwoodscentres.org](http://www.bellwoodscentres.org)

#### **1. Community Connect Program**

The program facilitates the transition of individuals from hospitals and long term care homes to their optimal living environment, through safe living education and 24/7 access to personal support services. Two transitional programs are available: up to 6 months and up to 14 months.

- Intensive training program in activities of daily living, with program coordination, designed to enable the person to live safely in an accessible home environment in the community and to prevent re-hospitalization.
- 14 consumers served, bachelor and one-bedroom apartments are used.
- Only those individuals currently in acute care, rehab, Complex Continuing Care hospitals or LTCH are eligible for this program.

#### **2. MILE Program**

The objectives of the MILE Program are to assist individuals to leave hospital, to maintain themselves in the community preventing hospitalization, and to sustain a healthy life span.

- The Program provides ongoing independence training and program coordination to maximize safety and independence in the community.
- Training includes skill development in home and community activity
- Program coordination includes access to resources such as community services, accessible housing, personal care equipment and maintenance, medical and other professional assistance and financial resources.

### **GAGE TRANSITION TO INDEPENDENT LIVING (GTIL)**

100 Merton Street, Unit 105  
Toronto, ON M4S 3G1

Tel: 416-481-0868 x 29  
Email: [diana.kinslikh@westpark.org](mailto:diana.kinslikh@westpark.org)

GTIL offers an opportunity for young adults with physical disabilities to prepare for living independently with attendant services. Independent living skills such as directing attendants, budgeting, menu planning, grocery shopping, managing health, acquiring permanent housing and accessing community resources, can be learned through the 18 month apartment program

- 10 one-bedroom accessible, subsidized apartments in an integrated apartment building with 24 hour Attendant Services, Life-skills Educators and Health Educator.
- Eligibility: 18 years or above; have a physical disability; motivated to learn skills for independent living

## SPECIALIZED PROJECT

### **NABORS**

2 Carlton Street, Suite 1001  
Toronto, ON M5B 1J3

Tel: 416-351-0095  
Fax: 416-351-0107  
[www.nabors.ca](http://www.nabors.ca)

### **(ATTENDANT SERVICES ARE NOT PROVIDED)**

NABORS (Neighbours Allied for Better Opportunities in Residential Support) provides both 24-hour personal support and independent living assistance including life skills training and assistance. The program also assists clients to participate in co-operative living. Each site is designed as an “intentional community” for clients with multiple disabilities and seeks to assist in the greater integration of disabled and non-disabled residents. Very infrequent vacancies. Rent subsidies are not available.

- 1) Chord Co-op (43 & 53 Goldwin Avenue)
  - 8 apartments in a non-profit housing co-op
- 2) Courtyards Co-op (10 Broadway Avenue)
  - 4 apartments in a non-profit housing co-op

## ENHANCED SUPPORT PROJECT

### **PACE INDEPENDENT LIVING**

970 Lawrence Avenue West, Suite 210  
Toronto, ON M6A 3B6

Tel: 416-789-7806  
Fax: 416-789-7807  
Email: [pace@pace-il.ca](mailto:pace@pace-il.ca)  
[www.pace-il.ca](http://www.pace-il.ca)

### **Bello Horizonte**

1500 Keele Street (Keele & Rogers Road)

- To be eligible, applicants must have Huntington Disease and / or require enhanced services i.e. assistance with life skills, budgeting, social interaction, communication.
- 3 one bedroom and 7 two bedroom apartments available

## **THE CENTRE FOR INDEPENDENT LIVING IN TORONTO (CILT) INC.**

CILT is a consumer driven, community-based disability resource centre. Our goal is to assist persons with disabilities to live independently in the community. CILT offers Information and Referral, Peer Support, Independent Living Skills Training (including self-advocacy) and administers the Self-Managed Direct Funding Attendant Services program in addition to PIC.

## **THE PROJECT INFORMATION CENTRE (PIC)**

PIC is the centralized point of access for individuals with physical disabilities applying for Attendant Services in the city of Toronto. Through PIC, applicants can apply to a variety of projects and programs with a single application. PIC is responsible for receiving and assessing PIC applications for basic eligibility and for forwarding these applications to Attendant Service Providers.

PIC does not provide Attendant Services. However, PIC maintains information about Attendant Service options across the province of Ontario and provides information and referral regarding Attendant Services.

PIC maintains an online Ontario Attendant Service Directory (Greenbook Online) which offers a searchable directory of Attendant Services options available in Ontario

PIC also maintains a Consumer Attendant Roster (CAR Online) for consumers wishing to hire their own attendants. For further information, please contact:

**PROJECT INFORMATION CENTRE (PIC)**  
**c/o Centre for Independent Living in Toronto**  
**365 Bloor Street East, Suite 902**  
**Toronto, Ontario, M4W 3L4**

Tel: 416-599-2458 ext. 223

Fax: 416-599-3555

Email: [pic@cilt.ca](mailto:pic@cilt.ca)

Website: [www.cilt.ca](http://www.cilt.ca)

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